

## **How does Body Lift surgery work?**

Body lifts can be used to remove or tighten excess skin and sagging fatty tissue. The procedure can also help people who have experienced massive weight loss after bariatric surgery procedures such as gastric bypass or lap band.

## **Ideal candidates**

Body lifts can help women get their pre-pregnancy bodies back as part of mommy makeover, which is a combination of 2 or 3 procedures. Depending on the patient, a mommy makeover can be tummy tuck, a breast lift and liposuction.

It can also help men gain more confidence after extreme weight loss. When a person goes thru extreme weight loss, sagging skin can lead to rashes and thus can be very uncomfortable. A body lift improves the shape and tone of the underlying tissue that supports fat and skin.

## **Lower and Upper Body Lift**

Body lift surgery is an extremely effective procedure for patients with excess skin resulting from massive weight loss. Depending on the location of the excess skin, patients may choose to undergo either an upper, mid or lower body lift.

For patients with significant amounts of excess skin throughout the midsection, lower body, and extremities a combination of these techniques called full or total body lift surgery may be the best option.